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**Wellcome Trust LPS Questionnaire Resource**

**Updated: June 2021**

**Notes**

1. To reference data collected using this resource describe with:

*Data gathered from questionnaire(s) provided by Wellcome Longitudinal Population Study Covid-19 Steering Group and Secretariat (221574/Z/20/Z)*

1. To contact the secretariat for updates, support and advice email

[**wellcomecovid-19@bristol.ac.uk**](mailto:wellcomecovid-19@bristol.ac.uk)

1. If using logos, please use the Wellcome Covid-19 logo on your questionnaire for participants alongside your own institution.
2. Please tag [@covid19qs](https://twitter.com/covid19qs) on twitter and/or link to <http://www.bristol.ac.uk/alspac/researchers/wellcome-covid-19/> where appropriate.

# a. Formatting & Details

All questions that were not from ALSPAC questionnaire 1 and 2 have been given a source tag.

**Red text** indicates where the question’s original wording has been amended.

*[[Italic text in double squares bracket is note about question, not to be shown to participant.]]*

# Personal Response to the Pandemic

In this section we are interested in understanding how either the factors you have described in sections 1 to 5 **or** other events might have made the situation you experience better or worse. Below are questions about whether you feel they influenced the impact of the pandemic and the COVID-19 restrictions.

## Impact of COVID-19 Restrictions

1. **Have you been following the government guidance on:** [Source: CovidLife3]

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | Always | Most of the time | Some of the time | Never |
| Social distancing |  |  |  |  |
| Staying at home as much as possible |  |  |  |  |
| Self-isolating |  |  |  |  |
| Wearing face-coverings in enclosed spaces, such as on public transport or in shops |  |  |  |  |

1. **How much has COVID-19 changed your daily routine?** [Source: CovidLife1]
   1. A lot
   2. Some
   3. A little
   4. Not at all
2. **Have your education, employment, or life plans changed as a result of COVID-19**? [Source: TeenCovidLife2]
   1. Yes
   2. No
   3. Don't know
   4. Prefer not to say
3. **How long do you think it will be before your life returns to normal? [**SOURCE: Office of National Statistics, https://www.ons.gov.uk/peoplepopulationandcommunity/healthandsocialcare/healthandwellbeing/bulletins/coronavirusandthesocialimpactsongreatbritain/29january2021]
   1. Less than one month
   2. 1 to 3 months
   3. 4 to 6 months
   4. 7 to 9 months
   5. 10 to 12 months
   6. More than a year
   7. Never
   8. Not sure
   9. Prefer not to say
4. **At this time, how comfortable or uncomfortable do you feel about leaving your home due to the coronavirus (COVID-19 pandemic?** [Source: ONS. <https://www.ons.gov.uk/peoplepopulationandcommunity/healthandsocialcare/healthandwellbeing/bulletins/coronavirusandthesocialimpactsongreatbritain/29january2021>]
   1. Very comfortable
   2. Comfortable
   3. Neither comfortable nor uncomfortable
   4. Uncomfortable
   5. Very uncomfortable
   6. Not applicable
   7. Don’t know
   8. Prefer not to say

Please tell us, on a scale of 1 (do not agree at all) to 10 (agree very strongly), how strongly you agree with the following statements:

1. **My actions will influence whether or not I get COVID-19** [Source: CovidLife3]
2. **It is my responsibility to follow all Government guidance to prevent the spread of COVID-19 to others** [Source:CovidLife3]
   1. 1 0 Do not agree at all … 10 – Agree very strongly
3. **On a scale of 1 (not at all) to 5 (a lot), please tell us how much these COVID-19 measures have *negatively affected* you and other members of your household?** [Source: CovidLife1]

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | 1 Not at all | 2 | 3 | 4 | 5 A lot |
| Social distancing |  |  |  |  |  |
| Self-isolation |  |  |  |  |  |
| Staying at home as much as possible |  |  |  |  |  |
| Travel restrictions in your local area |  |  |  |  |  |
| Wider travel restrictions |  |  |  |  |  |
| Restrictions on who can work |  |  |  |  |  |
| Home-based working |  |  |  |  |  |
| Access to GP and NHS services |  |  |  |  |  |
| School and nursery closures |  |  |  |  |  |

1. **Since the** [the first lockdown / the second lockdown] **was introduced on** [23rd March 2020/5th January 2021]**, have you been worried about:** [Source: CovidLife1]

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | Not at all worried | Slightly worried | Moderately worried | Very worried | Extremely worried | Not applicable |
| Physical health of you and others in your household |  |  |  |  |  |  |
| Mental wellbeing of you and other in your household |  |  |  |  |  |  |
| Losing your job/not getting paid |  |  |  |  |  |  |
| Others in your household losing your job/not getting paid |  |  |  |  |  |  |
| Household finances |  |  |  |  |  |  |
| Not being able to pay mortgage or rent |  |  |  |  |  |  |
| Your education |  |  |  |  |  |  |
| Your children’s education |  |  |  |  |  |  |
| Access to GP and NHS services |  |  |  |  |  |  |
| Access to social care or other support services |  |  |  |  |  |  |
| Access to medication |  |  |  |  |  |  |
| Access to food |  |  |  |  |  |  |
| Your relationship with your spouse/partner |  |  |  |  |  |  |
| Arguing with your spouse/partner |  |  |  |  |  |  |
| Your relationship with your children |  |  |  |  |  |  |
| Not being able to see family members who don’t live with you |  |  |  |  |  |  |
| Not being able to see friends |  |  |  |  |  |  |
| Having life plans put on hold |  |  |  |  |  |  |

1. **In which ways is the coronavirus (COVID-1) outbreak affected your life? (Select as many as applicable)** [Source: ONS. <https://www.ons.gov.uk/peoplepopulationandcommunity/healthandsocialcare/healthandwellbeing/bulletins/coronavirusandthesocialimpactsongreatbritain/29january2021>]
   1. My health is being affected
   2. My work is being affected
   3. Schools, colleges and universities are being affected
   4. My household finances are being affected
   5. My well-being is being affected (for example, boredom, loneliness, anxiety and stress)
   6. Lack of freedom and independence
   7. My relationships are being affected
   8. My caring responsibilities are being affected
   9. My access to paid or unpaid care is being affected
   10. My exercise routine is being affected
   11. Access to groceries, medications and essentials are being affected (for example, not able to shop as often, depending on others to shop for me)
   12. Access to healthcare and treatment for non-coronavirus (COVID-19) related issues is being affected
   13. Transport is being affected
   14. Personal travel plans are being affected (for example, holidays and gap year)
   15. Work travel plans are being affected
   16. Life event plants are being affected (for example, weddings and funerals)
   17. I am unable to make plans
   18. Other

## Managing Health in the Pandemic

Please tell us, on a scale of 1 (do not agree at all) to 10 (agree very strongly), how strongly do you agree with the following statements:

1. **Managing my health has become more difficult during the COVID-19 pandemic** [Source: CovidLife1]
2. **Accessing and remembering to take my medications has become more difficult during the COVID-19 pandemic** [Source: CovidLife1]
   1. 1 – Do not agree at all … 10 – Agree very strongly, Not applicable

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1. **How do you think your weight has changed since the** [first lockdown / second lockdown] **introduced on** [March 23rd 2020 / 4th January 2021]**?** [Source: CovidLife3]
   1. I have gained weight
   2. My weight has stayed the same
   3. I have lost weight
2. **Compared to before the** [first lockdown / second lockdown] **was introduced on** [March 23rd 2020 / 4th January 2021 **are you:** [Source: CovidLife1]
   1. Smoking more now than before
   2. Smoking about the same
   3. Smoking less now than before
   4. I don’t smoke – ex-smoker
   5. I don’t some – never smoked
3. **Compared to before the** [first lockdown / second lockdown] **was introduced on** [March 23rd 2020 / 4th January 2021**] are you:** Source: CovidLife1]
   1. Vaping more now than before
   2. Vaping about the same
   3. Vaping less now than before
   4. I don’t vape
4. **Compared to before the** [first lockdown / second lockdown] **was introduced on** [March 23rd 2020 / 4th January 2021 **are you:** [Source: CovidLife1]
   1. Drinking more alcohol now than before
   2. Drinking about the same amount of alcohol
   3. Drinking less alcohol now than before
   4. I don’t drink alcohol
5. **In the last two weeks, how often have you felt nervous or stressed because of COVID-19?** [Source: CovidLife]
   1. Never
   2. Some of the time
   3. Most of the time
   4. All of the time

## Transport and Accessibility

In this section, we would like to know a bit more about how the COVID-19 measures have impacted on transport in your daily life.

[SOURCE: RuralCovidLife]

1. **Do you consider yourself to live in a geographically remote area?**
   1. Yes
   2. No
   3. Don’t know
2. **Before the** [first lockdown / second lockdown] **was introduced on** [March 23rd 2020 / 4th January 2021**, how often did you have difficulty planning a route using public transport?**
   1. All of the time
   2. Most of the time
   3. Some of the time
   4. None of the time
3. **How often do you have difficulty planning a route using public transport now?**
   1. All of the time
   2. Most of the time
   3. Some of the time
   4. None of the time

## Connectivity

The measures used to prevent further spread of COVID-19 have meant that many people are spending more time online, working from home, staying in touch with friends, etc. This section is all about your access to the internet and how easily you can access it.

[SOURCE: RuralCovidLife]

1. **How does your household connect to the internet? Select all that apply.**
   1. Superfast fibre broadband (e.g., Virgin Media, BT Infinity)
   2. Cable modem or DSL broadband (e.g., BT, Plusnet, Sky)
   3. Broadband via satellite
   4. Public WiFi
   5. Mobile broadband via mobile phone network (3G or 4G) via a mobile phone, smartphone or tablet
   6. Dial up access
   7. Other (please specify) \_\_\_\_
   8. My household does not have access to the internet
   9. Don’t know
2. **How would you describe your current broadband connection?**
   1. Very poor
   2. Poor
   3. Fair
   4. Good
   5. Very good
   6. Excellent
   7. Don’t know
   8. Not applicable

Please tell us how important each of the following is to you/your household **now**

[SOURCE: RuralCovidLife]

How important is reliable high-speed broadband…

1. **To be able to work from home**
2. **To be able to run your business**
3. **To keep in touch with friends and family**
4. **To access health and support services**
5. **For your children to do their school work from home**
   1. Very important
   2. Quite important
   3. Not very important
   4. Not at all important
   5. Not applicable